



Meltham Road Surgery

Quarter 4: October - December 2024

You may have noticed we have recently implemented a new telephone system which means your calls are more streamlined, answered more efficiently and your issues dealt with in a timely manner. We have already had lots of positive feedback about the change and hope it continues to make a difference to the service we provide. Please bear with us while we continue to learn and understand the system, all feedback is welcome.

Forthcoming Events

Saturday 12th October

Drop in Clinic for Flu Vaccines 08:30 - 12:00

Tuesday 15th October

Staff Training 1pm onwards (no telephone service)

Saturday 19th October

Drop in Clinic for Flu Vaccines 08:30 - 12:00

Tuesday 19th November

Staff training 1pm onwards (no telephone service)

Tuesday 3rd December

Staff training 1pm onwards (no telephone service)

Wednesday 25th December

Surgery Closed for Christmas Day

Thursday 26th

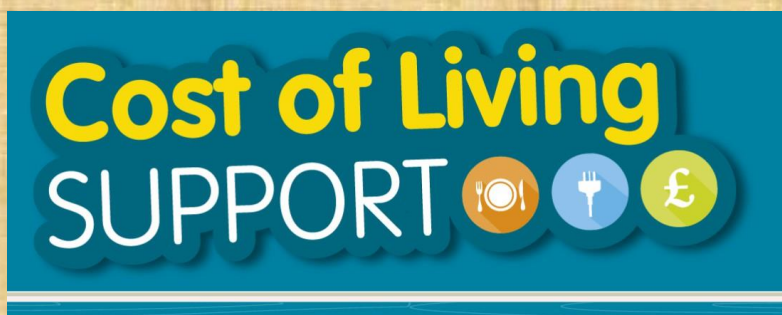
December Surgery Closed for

Boxing Day

Wednesday 1st

January

Surgery Closed for New Years' Day



Get support with the cost of living including; financial and debt advice, advice regarding household bills, mental health support and much more visit www.kirklees.gov.uk/beta/cost-of-living/index.aspx



Have a think..

In the three months leading up to October there were.....

644

Missed appointments.

If you have an appointment you no longer require please ensure this is cancelled at the earliest opportunity.

This October, join the 2.5 million people who've been inspired by Stoptober.

Even if it's your first time or you've tried before, Stoptober gives you the perfect opportunity to quit smoking. We have Stay smoke-free for 28 days, and you're 5 times more likely to quit for good.

Speak to a member of the team to book an appointment for stop smoking advice or visit

www.kirkleeswellnessservice.co.uk

Prescriptions

Repeat prescription requests can be made online, over the telephone or by completing the request form in reception. Please allow 48 hours before collecting from the pharmacy.

MSK Services

Physiotherapy/MSK appointments available for those over 18 years old. The physio is based here on Tuesdays, but we have access to appointments at other surgeries if this day doesn't suit you.

Blood Tests

If a clinician has asked you to have a blood test, these can be done at HRI Corridor 1. This service is for adults and children aged 10 and over. The department is open Mon - Fri 08:10am - 17:00pm. No appointment needed just take your white blood form.

Children under 10 require an appointment and this can be made by calling 01484 343210 and taking the white blood form to the appointment.

Vaccines

Those eligible will start to receive messages/letters inviting you for vaccines. Please ask us if you are unsure. We are currently offering:

- Flu (65+ or immunosuppressed/pregnant)
- Shingles (65-80 or immunosuppressed)
- RSV (75-79 or pregnancy after 28 weeks)
- Pneumonia (65+ or immunosuppressed)

Flu and covid vaccine also available via the pharmacy if eligible and for those that are housebound or in a care home.

If you have recently found out you are pregnant, you can self refer to the Midwives by visiting www.mypregnancynotes.com and completing the online form. The midwife will then be in touch using the contact details you have provided.



My Pregnancy Notes

Important Contact Numbers

Childrens Blood Test: 01484 343210
Crisis Line: 0800 183 0558
Huddersfield Royal Infirmary: 01484 342000
Lockwood Pharmacy: 01484 480567
Medicare Pharmacy: 01484 532169
Meltham Road Surgery: 01484 432940
Midwives: 01484 355743
Princess Royal Health Centre: 0303 330 9994

Minor Ailment Scheme

There are a number of conditions that can be effectively treated by a pharmacist, this includes prescription for antibiotics if needed. For example:

Sore throat (aged 5+)
Earache (aged 1-17)
Shingles (aged 18+)
Urine Infection (women aged 16-64)
Ringworm
Headlice
Thrush
Plus many more..

If eligible we may advise you to seek advice from the pharmacy or refer you to them for a callback.

Drop in service for under 19's who are overdue any routine immunisations

Check you are up-to-date or just get advice
Most routine immunisations available

Chestnut Centre, HD2 1HJ
Saturday 2nd November 10:00am - 3.30pm.